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Love, Sex and Relationships on the Road. The Do's and Don'ts of Travel Hook-ups

If you're single (or even if you're not – at your own risk) for many people travelling and hooking up go hand in hand, and it's what makes the whole experience more exciting. Sure, you can visit some amazing sights and attractions, eat some exotic food and momentarily lose your passport and have an aneurysm, but nothing quite beats that moment you lock eyes with a gorgeous member of the opposite sex over a beer and you know it's on. The problem is, some people don't really understand the etiquette of holiday hook-ups and mess up more than their bed sheets in the process. So here's a handy guide to love, sex and relationships while traveling.

Choose the right accommodation

Selecting the right time of accommodation is extremely important if you're looking to enjoy the fruits of hooking up on your travels. A good party hostel will maximise your chances of success, while at the same time immensely increasing the amount of debauchery you can get away with. Attempting to instigate an all-night orgy in a quiet, cosy hostel for more discerning travellers isn't the best idea. Get to know and understand your surroundings and limit the possibility of annoying your fellow guests.

Make sure it's consensual

There's a lot in the news recently about sexual harassment and unsolicited or unwanted behaviour. Unfortunately, this doesn't stop when you're travelling and can often be even more frequent in a party atmosphere – because everyone seems to be at it. Just remember that no matter how drunk you or your intended target gets – no means no. There are plenty of people out there who would be keen on hooking up, so drop your advances like a hot rock if it's clear they're not interested. Some people feel uncomfortable as it is staying in mixed dorm rooms or experiencing communal living – so don't be one of the reasons why.

Use protection

Carrying an AK-47 is one way of warding off unrequited amorous attentions, but in reality, we're just talking about <u>condoms</u>. Make sure you're always prepared as you never really know the sexual history

of a new partner – especially in the heat of the moment. Certain sexually transmitted diseases are more prominent in some countries than others, but they are also especially active amongst the constantly evolving backpacker community. And you certainly don't want to be told about the patter of tiny feet 9 months down the line when you're fulfilling your lifelong dream of climbing Everest.

Get a room

We know travellers are on a budget, but really the best option for keeping everyone happy if you get lucky on the road is to get a private room. Having sex on a top bunk bed in a full dorm room isn't going to do anyone any favours, and you're not going to make yourself any new mates at the breakfast table the next morning. With a private room, you can literally go wild, get kinky and do that thing you do that everyone apparently likes - all while not annoying the hell out of fellow guests and maintaining a modicum of modesty. If you've not lost it already.

Use the showers

If a private is out of the question (budget restraints, fully booked, mattress smells like wee), you can always opt to be naughty in the showers as an alternative to getting jiggy in the dorms. This is especially useful for getting clean at the same time as getting dirty. A word to the wise, however – try not to do this at 7 o'clock in the morning when everyone is getting up to enjoy their day. Guests rioting over hostel showers is not going to look good for the establishment's trip advisor reviews.

Only be a ghost when you're dead

Alright, so you made a huge booboo and the beer goggles were on, but does that really mean you totally blank your conquest from the previous night? Ghosting is a topic that's never too far from relationship advice columns — when a person totally ignores someone else, doesn't reply to messages or doesn't even look at them when in the same room. It's immature, rude and obnoxious, so don't be a baby. If you've charmed someone into bed, you can charm them out again.

Be respectful

To continue – and this really should go without saying - but please try and treat everyone how you would like to be treated yourself. Make sure that all parties involved know exactly what's going on so nobody gets hurt – particularly if your one-night stand turns into something of a travel love affair. Suddenly parting ways a few countries down the road can hurt – especially if one party is more invested than the other. Keep a sensible head on and don't treat anyone like the poo you stepped in during your run this morning.

Use common sense

C'mon now people – it's not that hard, is it? Just make sensible, well-informed choices and everyone will have a blast, you won't get kicked out of anywhere, and there'll be no tears before bedtime. Remember – nobody likes the fun sucker in a hostel. Try not to tread on anyone's toes either – there's plenty of lovin' to go around. Use your common sense and be a positive energy for yourself and others and hey – you'll probably get more action that way too.

Have you ever had an outrageous sex/love/relationship story while travelling? Let's hear them – if you dare to share!